

# YEAR 1 & 2 PSHE: Anti-Bullying (Cycle A)



## What I should already know:

Use kind words and kind actions only.  
Follow our school rules and play nicely with others.

## By the end of this unit:

- Explore the concept of bullying & teasing and begin to be able to distinguish between the two.
- Know where to get help if I fall out with my friends
- Begin to understand what it must be like to be bullied.
- Begin to understand the importance of friendship, sharing and kind behaviour.

## Key Facts at the end of the unit:

- I understand the importance of friendship—  
Quote “Sharing is caring”.
- I can talk to a responsible adult at home or in school if I am being bullied
- Anti Bullying Week is celebrated in our school every year.
- I should love others as Jesus loves me. (Our School Motto)



## Anti-Bullying Charter Information:

Children should:

- Tell somebody they trust and speak out.
- Support each other and offer a listening ear.
- Report any bullying they see or here.
- Treat others like they would like to be treated.
- Remember school advice about bullies when in the community.
- Respect adults dealing with bullying.

## Vocabulary

<b>Anti Bullying Charter</b>	A document that can be found in the classroom and on our school website which offers both children and parents support.
<b>Anti Bullying Week</b>	A special week celebrated in school every year
<b>Bullying</b>	When a person/ group of people are repeatedly hurting you; physically or emotionally.
<b>Caring</b>	Displaying kindness and concern for others
<b>Friendship</b>	A relationship between friends
<b>School Motto</b>	Rule from the Bible explaining how we should behave. Love others as Jesus loves you (John 13:34-35)
<b>Sharing</b>	Giving something to another person without fuss
<b>Social Story</b>	Social stories are stories that give you greater understanding of social situations.
<b>Teasing</b>	Trying to make fun of somebody in a playful way.



## Useful Websites:

<https://www.anti-bullyingalliance.org.uk/>

<https://www.bullying.co.uk/>

