



**What I should already know:**

- Know that we take medicine to make us feel better
- Understand that a doctor can give us medicine when we are feeling poorly.

**By the end of this unit:**

- Know that some people have medical conditions that result in them having to take medicines everyday.
- Begin to understand relevant safety rules about medicines
- Know where medicine should be kept at home or in school
- Begin to recognise those people that they can trust
- Begin to realise that taking someone else's medication can be harmful

**Key Facts at the end of the unit:**

- Medicine should be kept out of the reach of children
- Medicines are clearly labelled with instructions on where they should be stored.
- Medicine should be kept in a locked or high cupboard.
- You should only take medicine that is prescribed to you by your doctor.
- You should only take the dosage agreed by your doctor.
- We should never except something unlabelled from a person we do not know.

**Vocabulary**

<b>Calpol</b>	The name of a medicine given to children for pain or a fever.
<b>Doctor</b>	A person who is qualified to treat people who are ill.
<b>Harmful</b>	Causing or likely to cause harm.
<b>Medicine</b>	Liquid or tablets used to prevent, cure or relieve a disease.
<b>Prescription</b>	An instruction written by a doctor that issues a patient with a medicine or treatment.
<b>Safety Rules</b>	Instructions we follow to keep us safe.
<b>Stranger</b>	A person who you do not know or are unfamiliar with.
<b>Trusted adult</b>	When you believe in somebody (reliable) who will keep you safe and have your best interests at heart.
<b>Unlabelled</b>	Without a label; not labelled.