



What I should already know:

- There are two types of secrets—good secrets and bad secrets.
- Good secrets you can keep without hurting anyone or making yourself feel bad.
- A bad secret makes you feel uncomfortable.
- Personal space is an invisible bubble you carry round with you.
- There are 4 space zones associated with personal space.



By the end of this unit:

- Understand the meaning of confidentiality
- Recognise the pressure of unwanted physical contact and know ways of resisting it
- Understand what the term safeguarding means
- Know how and where to get help
- Communicate their worries or concerns to someone who might be able to help them
- Recognise good and bad touches

Key Facts at the end of the unit:

- Confidential information should be private and only shared in exceptional circumstances e.g. for a person's safety.
- Reacting assertively is saying No! Stop!
- Safeguarding a child is when you protect them from harm.
- Trust has to be earned.
- Private parts are private and should not be touched!

Vocabulary

Bad Touch	A touch that makes a child, afraid, nervous or uncomfortable.
Communication	Exchanging of information through speaking, writing etc.
Confidentiality	Keeping information private.
Eye contact	When two people are looking into each others eyes.
Good Touch	A touch that makes you feel happy, cared for or protected.
Pressure	The use of persuasion or intimidation to make someone do something.
Resistance	The ability not to be affected by something.
Safeguarding	Is the action taken to protect children from harm
Space Zones	Four zones used to describe personal space: intimate zone, personal zone, social zone and public zone.
Trustworthy	Able to be relied upon as honest or truthful.