YEAR 1 & 2 PSHE: RSE (Cycle A)

St. Michael & All Angels Primary School



What I should already know:

Identify whether I am a boy or a girl.

Know that I was a baby and I am getting bigger and older.

Discuss family units.

By the end of this unit:

- Understand that God has made us all unique.
- Identify personal likes and dislikes.
- Understand why families are special .
- Know and understand life cycles of humans and other living things.
- Identify hazards in and out of the class-room.
- Discuss simple rules for dealing with people and situations.
- Recognise and value people and organisations working to keep children safe.

| Growing Op |
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| Key Facts at the end of the unit: |

- I grew for 9 months in my mummy's womb before I was born.
- The life cycle of a human is baby, toddler, infant, teenager, adult, elderly person.
- Babies can't talk. They will let you know something is wrong by crying.
- Safe strangers wear a uniform or a badge.
- A stranger is somebody who you don't know.

| RE Links: | |
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| Understand that God has made them unique and that although we are all differ- ent we are all special to him. | |
| Understand that they are growing and developing as members of their own family and God's family. | |

| <u>Vocabulary</u> | |
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| Bible | A sacred book for Christians which includes lots of religious stories. Also known as the Holy Bible. |
| Caring | Displaying kindness and concern for others |
| Family | A group of people who live together and love each other unconditionally |
| Life cycle | A series of changes in life |
| Safe | Not likely to be harmed or lost |
| Sharing | Giving something to others |
| Stranger | A person who you do not know or is unfamiliar to you |
| Qualities | A characteristic you have as a person— something to be proud of |
| Unique | Being the only one of its kind |
| Unsafe | Not safe—dangerous |