



What I should already know:

- I grew for 9 months in my mummy's womb before I was born.
- The life cycle of a human is —baby, toddler, infant, teenager, adult, elderly person.
- Babies can't talk. They will let you know something is wrong by crying.
- Safe strangers wear a uniform or a badge.
- A stranger is somebody who you don't know.



By the end of this unit:

- Discuss what it means to belong to a community.
- Discuss hygiene and appropriate hygiene products, demonstrating their use.
- Understand my rights as a child.
- Understand and use language to describe feelings and emotions.
- Understand that privacy is a natural requirement.

Key Facts at the end of the unit:

- Belonging to your family is your first experience of a community of love.
- Personal hygiene is how we look after our bodies.
- Your body belongs to you.
- There are two types of touch: good and bad touch.
- No means No!
- There is an International Law called The Rights of the Child.

RE Links:

Know and understand that they are growing and developing in a God given community.

Vocabulary

Children's Rights	The human rights of children
Community	The people living in one locality A group of people having cultural or other characteristics in common
Emotions	A strong feeling deriving from circumstances, mood or relationships with others
Feelings	An emotional state or reaction
Germ	A microorganism , especially one which causes disease
Hygiene	Conditions of practices o maintain health and preventing disease, especially through cleanliness
NSPCC	National Society for the Prevention of Cruelty to Children
Privacy	A state in which one is not observed or disturbed by other people
Private Parts	Genital parts that should be kept private
UNICEF	United Nations International Children's Emergency Fund