



What I should already know:

- A community is a group of people who have things in common.
- Respect, love, care, generosity of spirit, loyalty and forgiveness are all examples values that enrich a community.
- If I am worried I can speak to a trusted adult
- I should not keep secrets if it is about my safety or another person's safety.
- My body is my own and I am entitled to privacy.
- Understand people can behave differently online.
- Love others as Jesus loves you is our school motto
- We meet God in the community—during mass in church or in school.

By the end of this unit :

- Describe and give reasons how friendships make us feel happy and safe.
- Describe and give reasons why friendships can break down, how they can be repaired and strengthened,
- Celebrate the joy and happiness of living in friendship with God and others.

Key Facts at the end of the unit:

- It is important to forgive each other as we all have our faults.
- We do not choose our family they are given to us from God however we can choose our friends.
- Healthy friendships are positive and welcoming.
- If any friendships make us feel unsafe we should find someone to talk to who will listen to our concerns.
- Friendships can be repaired and strengthened.
- The Sacrament of Reconciliation is when we ask for forgiveness from Jesus.

Vocabulary

Bullying	When a person/ group of people are repeatedly hurting you; physically or emotionally.
Cyber-bullying	Bullying through social media or the internet (online and not face to face)
Forgive	Letting go of your feelings and resentment and refocussing your thoughts on positive emotions.
Repaired	To fix or mend something so that it is in good working order again.
Sacrament of Reconciliation	In preparation for this Sacrament, the children reflect on the fact that they are children of God and that this impacts on the way they treat others
Strengthened	To make or become stronger

Skills:

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| <ul style="list-style-type: none"> • Listening • Observing • Relating • Speaking • Respecting • Praying • Reflecting • Understanding • Articulating | <ul style="list-style-type: none"> Describing Welcoming Choosing Wisely |
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